

*Give your entire attention to what God is doing right now,
and don't get worked up about what may or may not happen tomorrow.
God will help you deal with whatever hard things come up
when the time comes.*
Matthew 6:34 The Message

Dear Members of the Trinity Family,
Thank you for gathering with our community this past Sunday for worship via livestream. While worshipping online could never replace being physically together at Trinity, it was a deeply meaningful experience. Thank you for the emails, texts, and support. My colleagues and I are grateful for each and every one of you.

I shared with you last Thursday some of the healthy and not-so-healthy ways that I am coping with the stress and worry of these days of uncertainty. Many of you responded with ways that you are dealing with worry. With their permission, I want to share with you some of their guidance and insight.

Bonnie Farmer – *staying in touch with family, friends, and Trinity family*

Ralph Moyer – *be nice, be nice, be very nice to people*

Donna Potts – *walking outside more (a good thing), eating more chocolate (not so good), and avoiding the hype and sensationalism on TV news programs*

Stephen and Beverly Henderson – *cooking healthy meals and being thankful for available food*

Jennifer Moorefield – *spring cleaning and digging in the dirt*

The Mast Family – *continuing nightly devotions and practicing gratitude often*

Susan Troutman – *supporting local businesses with curbside pick up and writing handwritten notes to special folks in my life*

Graham McArver – *making a plan and concentrating on doing “the next right thing” (a quote from the movie Frozen 2)*

Barbara Beckford – *laughing often from jokes on the internet and laughing at myself*

Patti Parker – *spending the evenings playing Scrabble with Mike which we haven’t done in years*

Today, let us do our best to stay in the moment, live this day to the fullest, give thanks to God for the blessings of this day, and be at peace in God’s presence. Feel God’s love, care, and provision this day. Feel the love and care of our Trinity family. With faith and laughter, together we are going to get through this!

Love and blessings,
Pastor Susan Crowell